



# 4th AQUAE INTERNATIONAL OPEN CUP

## Aix-les-Bains, FRA

### 26-28 February 2010

The fourth International Aquae Open Cup organised by the club "Union Gymnique Aix-les-Bains" will take place from the 26<sup>th</sup> to the 28<sup>th</sup> February 2010. This unique competition is open to all nations affiliated to the FIG, foreign clubs and FFGym clubs.

Below you will find all the conditions and information regarding participation.

#### PROVISIONAL PROGRAMME

##### • Friday 26 February 2010

All day	Arrival of the Delegations
14h00 - 18h00	On-stage training
19h00 - 20h00	Orientation meeting
20h00 - 22h00	Speciality's Meals from each country

##### • Saturday 27 February 2010

9h00 - 10h00	Judges meeting and draw
10h00 - 12h00	<b>National Competition</b> only for the French, Challenge, Basic and Step categories
	Meal
13h30 - 17h30	<b>International Competition</b>
	« Aquae Open Cup National Team, Club Team »
17h30 - 19h30	<b>National Competition</b> only for the French, Federal
20h30	Farewell Party "Saturday Night Aerobic Fever"

##### • Sunday 28 February 2010

09h00 - 12h00	Tourism
12h00 - 14h00	French speciality's Meal
14h00	Departure of the Delegations

#### RULES

The competition will be run in accordance with the FIG 2009-2012 Code of Points, for all Senior and Age Group categories (AG1, AG2)

AQUAE INTERNATIONAL NATIONAL TEAM	AQUAE INTERNATIONAL CLUB TEAM
Each National team must present two individual categories, either Male Individual and/or Female Individual and one Synchronisation category (Pair or Trio; mixed or not) made up of any age category ((AG1), (AG2), Senior).	Each Club team must present two individual categories, either Male Individual and/or Female Individual and one Synchronisation category (Pair or Trio; mixed or not) made up of any age category ((AG1), (AG2), Senior).
Each team must present 3 competition routines and the final result will be the sum of the three scores.	Each team must present 3 competition routines and the final result will be the sum of the three scores.

In order to compete on equal terms, the following co-efficient will be applied to competitor's difficulty scores based on the category in which they take part. (AG1 - a co-efficient of 1.15 points, AG2 a co-efficient of 1.10 points and no co-efficient for SENIOR competitors).

The athletes who compose the team (National Team or Team club) can also contribute (compete) individually except team. See " Index card of registration "



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#### COMPETITION VENUE

Centre des Congrès - Auditorium  
Rue Jean Monard - 73100 AIX LES BAINS (France)

The town may be reached by:

- Train(SNCF): station of arrival - Aix-les-Bains-le-Revard
- Aeroplane: Lyon St Exupéry Airport (France) or Geneva Airport (Switzerland)

There are shuttles of bus between the Airport of Lyon and Aix-les-Bains, [www.satobus.com](http://www.satobus.com), and trains between Geneva, Lyon and Aix-les-Bains, [www.voyages-sncf.com](http://www.voyages-sncf.com).

#### CATEGORIES

Competition by team. Each team will be made up of a maximum of 5 athletes competing in one or more categories.

Possibility of presenting the other athletes individually except team, solo, mixed pair, trio, group.

AQUAE INTERNATIONAL NATIONAL TEAM	AQUAE INTERNATIONAL CLUB TEAM
<ul style="list-style-type: none"> <li>• 2 Individuals (Male and/or Female)</li> <li>• Mixed Pair or Trio mixed or not</li> </ul>	<ul style="list-style-type: none"> <li>• 2 Individuals (Male and/or Female)</li> <li>• Mixed Pair or Trio mixed or not</li> </ul>

#### MAXIMUM MAKE-UP OF THE DELEGATION

AQUAE INTERNATIONAL NATIONAL TEAM	AQUAE INTERNATIONAL CLUB TEAM
<ul style="list-style-type: none"> <li>• 1 trainer (coach)</li> <li>• 1 judge with a valid FIG brevet (in the absence of a qualified judge, a French judge will be used)</li> <li>• A maximum of 5 competitors</li> <li>• No delegation leader</li> </ul>	<ul style="list-style-type: none"> <li>• 1 trainer (coach)</li> <li>• 1 judge with a valid FIG brevet or a national brevet</li> <li>• A maximum of 5 competitors</li> <li>• No delegation leader</li> </ul>

#### AWARDS

AQUAE INTERNATIONAL NATIONAL TEAM	AQUAE INTERNATIONAL CLUB TEAM
<ul style="list-style-type: none"> <li>• <b>Prize Money in the category, National Team:</b> Per team (IM, IF and Mixed Pair or Trio) 1<sup>st</sup> = 800 €; 2<sup>nd</sup> = 600 €; 3<sup>rd</sup> = 400 €  Per team (IM, IF and Mixed Pair or Trio) Cup and Gift to Gold medallists</li> <li>• The three best competitors in each category (Male Individual, Female Individual and Synchronisation) will be awarded a medal.</li> <li>• A certificate of participation will be given to all delegates</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Prize Money in the category, Club Team:</b> Per team (IM, IF and Mixed Pair or Trio) 1<sup>st</sup> = 300 €; 2<sup>nd</sup> = 200 €; 3<sup>rd</sup> = 100 €  Per team (IM, IF and Mixed Pair or Trio) Cup and Gift to Gold medallists</li> <li>• The three best competitors in each category (Male Individual, Female Individual and Synchronisation) will be awarded a medal.</li> <li>• A certificate of participation will be given to all delegates</li> </ul>

#### DATES

Final Registration with nominative list of delegates: 1st February 2010  
All registrations must be sent to the organising committee either by fax +33 (0)4 79 61 44 24 or by e-mail [aquae.open.cup@ugaix.com](mailto:aquae.open.cup@ugaix.com)



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#### ENTRY FEES

AQUAE INTERNATIONAL NATIONAL TEAM	AQUAE INTERNATIONAL CLUB TEAM
100 € / national team (limited to one team per nation)	50 € / club team (unlimited number of teams)

Entry fees individually, except team

Individual Man or Woman	15 €
Mixed Pair	20 €
Trio	20 €
Group	30 €

#### ACCOMMODATION AND MEALS

AQUAE INTERNATIONAL NATIONAL TEAM	AQUAE INTERNATIONAL CLUB TEAM
<ul style="list-style-type: none"> <li>• The Organising committee will provide accommodation and meals for the delegates (maximum of 7 people).</li> <li>Farewell Party "Saturday Night Aerobic Fever" = free.</li> </ul>	<ul style="list-style-type: none"> <li>• Lodging per night= 35 € / person</li> <li>• Charge per Meal= 15 € / person</li> <li>Farewell Party "Saturday Night Aerobic Fever" = 20€.</li> </ul>
<b>ALL ADDITIONAL PEOPLE MUST BEAR THE FULL COST OF THEIR EXPENSES (LODGING, TRANSPORT, MEALS).</b>	

**OTHER EXPENSES** Every delegation will cover the completeness of its transport costs, surpluses of residence, insurances, and quite other cool.

#### COMPETITION FLOOR

GYMNOVA exercise floor for aerobic gymnastics

#### TRANSPORT

Delegations will have to cover the completeness of them transport costs (go and return) The Organising Committee can organize the transport between the airport of Geneva or Lyon St Exupéry and Aix les Bains (10 € a person and by shuttle).  
**ONLY THE SPOT TRANSPORT IS INSURED BY THE OC.**

#### INSURANCE

The organising committee declines all responsibility in case of accident or illness. Each participant must have appropriate public liability insurance and all medical expenses incurred must be paid.

#### VISA

If you need a VISA to enter France, please contact the Organising Committee as soon as possible so that we can send you an official invitation.

#### If you have any questions please do not hesitate to contact us:

- Christophe Devillaine:           • Email : [ch.devillaine@wanadoo.fr](mailto:ch.devillaine@wanadoo.fr)
- Organising Committee:           • Email : [aquae.open.cup@ugaix.com](mailto:aquae.open.cup@ugaix.com)
- Fax : +33 (0)4 79 61 44 24

Or consult our site: <http://www.ugaix.com>

Looking forward to welcoming you to Aix-les-Bains.



**4th AQUAE INTERNATIONAL OPEN CUP**  
**Aix-les-Bains, FRA**  
**26-28 February 2010**

**FINAL REGISTRATION before  
the 1st FEBRUARY 2010**

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 +33 (0)4 79 61 44 24 or by e-mail  
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**FINAL REGISTRATION NOMINATIVE AND DEFINITIVE**

**NATIONAL TEAM**

Country :

Category	NAME	Surname	Date of Birth Ex(31/01/1975)	Sexe F M
Individual				
Individual				
<b>SYNCHRO</b>				
Mixed Pair	1			
	2			
<b>Or</b>				
Trio	1			
	2			
	3			

**CLUB TEAM 1**

Name :

Country :

Category	NAME	Surname	Date of Birth Ex(31/01/1975)	Sexe
Individual				
Individual				
<b>SYNCHRO</b>				
Mixed Pair	1			
	2			
<b>Or</b>				
Trio	1			
	2			
	3			

**CLUB TEAM 2**

Name :

Country :

Category	NAME	Surname	Date of Birth Ex(31/01/1975)	Sexe F M
Individual				
Individual				
<b>SYNCHRO</b>				
Mixed Pair	1			
	2			
<b>Or</b>				
Trio	1			
	2			
	3			





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NATION or CLUB:

TARIFF INDEX CARD(FORM)  
ENTRY FEES

**FINAL REGISTRATION before  
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+33 (0)4 79 61 44 24 or by e-mail  
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ENTRY FEES

	Number	Price	TOTAL
NATIONAL TEAM		100 €	
CLUB TEAM		50 €	
INDIVIDUAL		15 €	
MIXED PAIR		20 €	
TRIO		20 €	
GROUP		30 €	
<b>TOTAL</b>			<b>€</b>

SERVICE (TRANSPORT, ACCOMMODATION and RESTORATION)

	Number	Price		TOTAL
<b>Shuttle Arrival Airport/Aix</b>		x 10 €	=	
<b>Meal - Friday</b>	National Team	x free		0 €
	Others	x 15 €	=	
<b>Night - Friday</b>	National Team	x free		0 €
	Others	x 35 €	=	
<b>Meal - Saturday</b>	National Team	x free		0 €
	Others	x 15 €	=	
<b>Farewell Party</b>	National Team	x free		0 €
	Others	x 20 €	=	
<b>Night - Saturday</b>	National Team	x free		0 €
	Others	x 35 €	=	
<b>Meal - Sunday</b>	National Team	x free		0 €
	Others	x 15 €	=	
<b>Shuttle Departure Aix/Airport</b>		x 10 €	=	
<b>TOTAL</b>				<b>€</b>



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NATION or CLUB :

**FINAL REGISTRATION before  
the 1st FEBRUARY 2010**

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## ARRIVAL and DEPARTURE










Date of Arrival	Number of people	Place of Arrival		
		Train Station Aix-les-Bains	Train Number	Time of arrival
		Geneva Airport	Flight Number	Time of arrival
		Lyon Airport (St Exupéry)	Flight Number	Time of arrival
		Bus / Car		Time of arrival
Date of Departure	Number of people	Place of departure		
		Railway Station Aix-les-Bains	Train Number	Time of arrival
		Geneva Airport	Flight Number	Time of arrival
		Lyon Airport (St Exupéry)	Flight Number	Time of arrival
		Bus / Car		Time of arrival

## CONTACT

NATION or CLUB

NAME, SURNAME

ADDRESS

ZIP CODE

CITY

COUNTRY

TELEPHONE

E-MAIL